



Dr. Marie-Andrée Gélinas, D.C.  
560 Centennial Center Blvd, Suite 150  
Hobart, WI 54155  
920.865.7225

Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_  
Zip \_\_\_\_\_  
Gender:  M  F Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Social Sec. #: \_\_\_\_\_  
Home Phone # \_\_\_\_\_ Cell Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_  
Email Address: \_\_\_\_\_ Preferred Contact Method: \_\_\_\_\_  
How did you hear about our office? \_\_\_\_\_  
Employment Status:  Employed  FT Student  PT Student  Other  Retired  Self Employed  
Place of Employment: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Marital Status: M S D W Spouse's Name: \_\_\_\_\_  
Children's Names and Ages: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone #: \_\_\_\_\_

**Major complaints and symptoms** *(Please be as specific as you can)*

Unwanted Conditions (Why are you here today?) \_\_\_\_\_  
When did the Condition BEGIN? \_\_\_\_/\_\_\_\_/\_\_\_\_ Has it ever occurred before?  No  Yes, When? \_\_\_\_  
Is this condition:  Auto Related  Job Related  Home Injury  Slip or Fall  Lifting  Slept Wrong  
 Unknown cause  Other: \_\_\_\_\_  
Have you had chiropractic care before?  No  Yes, Date of last treatment? \_\_\_\_\_  
What was the reason/complaint for your treatment at that time? \_\_\_\_\_

**Social History**

Do you currently smoke tobacco of any kind?  Yes  Former smoker  Never been a smoker  
If yes, how often do you smoke:  Current every day smoker  Current sometimes smoker  
Do you currently drink alcohol of any kind?  Yes  Former drinking  Never been a drinker  
If yes, how often do you drink?  Current every day drinker  Current sometimes drinker  
Do you exercise regularly?  Yes  No

**Review of Systems:**

Below is a list of symptoms that may seem unrelated to the purpose of your visit today, however, these questions must be answered carefully as the problem can affect your overall health. Please check any symptoms you **currently** experience.

**Constitutional:**

chills  fatigue  night sweats  weight loss  daytime drowsiness  Fever  weight gain  
 I do not have any of these symptoms

**Eyes/Vision:**

- blindness  change in vision  field cuts  photophobia  blurred vision  double vision  glaucoma  
 tearing  cataracts  eye pain  itching  wear glasses/contacts  I do not have any of these symptoms

**Ear, Nose and Throat:**

- ear drainage  hearing loss  nosebleeds  dentures  ear pain  ringing in the ear  
 postnasal drip  runny nose  TMJ  loss of smell  sinus infection  dizziness  headaches  
 nasal congestion  snoring  difficulty swallowing  sore throat  hoarseness  
 I do not have any of these symptoms

**Gastrointestinal:**

- abdominal pain  diarrhea  constipation  abnormal stool consistency  abnormal stool color  hemorrhoids  
 rectal bleeding  indigestion  vomiting  vomiting blood  belching  difficulty swallowing  
 I do not have any of these symptoms

**Respiration:**

- asthma  chest pain  cough  coughing up blood  sputum production  shortness of breath  wheezing  
 I do not have any of these symptoms

**Cardiovascular:**

- chest pain  high blood pressure  shortness of breath with exercise  low blood pressure  fainting  
 swelling in legs  leg pain/aches  Difficulty breathing while laying down  ulcers  heart murmur  
 palpitations  varicose veins  heart problems  I do not have any of these symptoms

**Female:**

- birth control  cramps  irregular period  Vaginal discharge  vaginal bleeding  breast lumps/pain  
 frequent urination  burning urination  hormone therapy  urine retention  
 painful intercourse  I do not have any of these symptoms

Date of last menstrual period \_\_\_\_\_

Do you have any reason to believe that you may be pregnant?  Yes  No

**Male:**

- frequent urination  burning urination  prostate problems  painful intercourse  erectile dysfunction  
 dribbling  urine retention  I do not have any of these symptoms

**Endocrine:**

- cold intolerance  heat intolerance  excessive hunger  excessive thirst  goiter  unusual hair growth  
 hair loss  diabetes  voice changes  I do not have any of these symptoms

**Skin:**

- change in nail texture  change in skin color  hair loss  hives  history of skin disorder  rash  
 paresthasias  varicosities  skin lesions/ulcers  I do not have any of these symptoms

**Nervous System:**

- Dizziness  limb weakness  numbness  slurred speech  tremor  facial weakness  loss of consciousness  
 seizures  stress  loss of balance  headaches  loss of memory  stroke  sleep disturbance  
 I do not have any of these symptoms

**Psychological:**

- anxiety  behavioral change  convulsions  memory loss  loss of appetite  bi-polar disorder  
 depression  mood changes  confusion  insomnia  I do not have any of these symptoms

**Hematologic:**

- anemia  blood clotting  bruising easily  lymph node swelling  bleeding  blood transfusion  
 fatigue  I do not have any of these symptoms

**Known allergies:** \_\_\_\_\_

**Current Medications:** *List ANY/ALL medications you are CURRENTLY taking. Be Specific*

<i>Medication</i>	<i>Dosage</i>	<i>Reason</i>	<i>How long have you been taking this?</i>

**Current Vitamins, Herbs, etc.:** *List ANY/ALL non-prescription you are CURRENTLY taking. Be Specific*

<i>Supplement</i>	<i>Dosage</i>	<i>Reason</i>	<i>How long have you been taking this?</i>

**Surgery (ies):**

Mark or list all surgical procedures. **Write the DATE of the procedure immediately afterward.**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> angioplasty            | <input type="checkbox"/> hysterectomy            | <input type="checkbox"/> mastectomy     |
| <input type="checkbox"/> coronary artery bypass | <input type="checkbox"/> cardiac catheterization | <input type="checkbox"/> dental surgery |
| <input type="checkbox"/> pacemaker insertion    | <input type="checkbox"/> joint reconstruction    | <input type="checkbox"/> rotator cuff   |
| <input type="checkbox"/> gall bladder           | <input type="checkbox"/> knee repair             | <input type="checkbox"/> spinal fusion  |
| <input type="checkbox"/> appendectomy           | <input type="checkbox"/> joint replacement       | <input type="checkbox"/> tonsillectomy  |
| <input type="checkbox"/> hernia repair          | <input type="checkbox"/> carpal tunnel repair    | <input type="checkbox"/> Other _____    |
| <input type="checkbox"/> caesarian section      | <input type="checkbox"/> cosmetic                | _____                                   |

**Injury (ies):**

Mark or list all injuries. **Write the DATE of the injury immediately afterward.**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> back injury         | <input type="checkbox"/> motor vehicle accident       | <input type="checkbox"/> head Injury           |
| <input type="checkbox"/> joint injury        | <input type="checkbox"/> fall (severe)                | <input type="checkbox"/> loss of consciousness |
| <input type="checkbox"/> broken bones        | <input type="checkbox"/> soft tissue injury(moderate) | <input type="checkbox"/> industrial Accident   |
| <input type="checkbox"/> laceration (severe) | <input type="checkbox"/> soft tissue injury (severe)  | <input type="checkbox"/> Other: _____          |
| <input type="checkbox"/> disability          | <input type="checkbox"/> fracture                     | _____  |

**Family/Personal Health History**

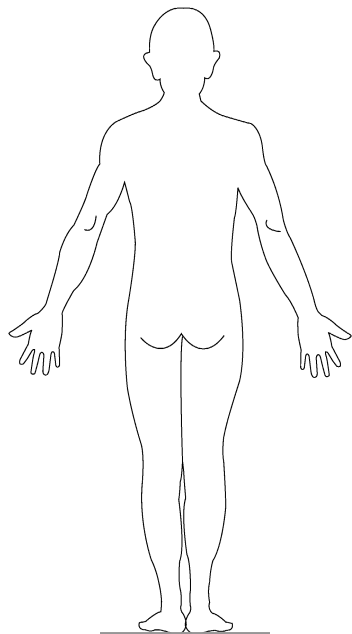
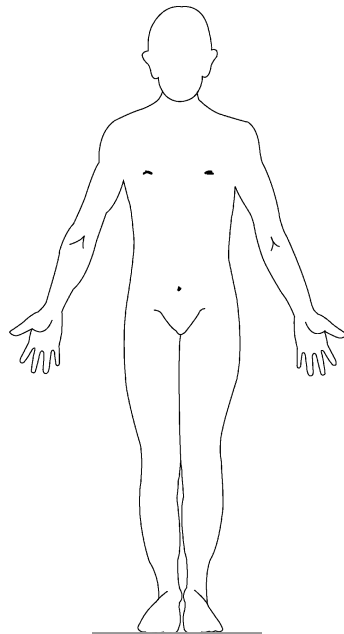
Check "Yes" if you are adopted and your family history is *unknown*:  Yes

Indicate if *you* or any of your *close relative* (parents, grandparents, brother, sister, child) has had the following diseases:

- Diabetes  Yes  No, Who \_\_\_\_\_
- Heart trouble  Yes  No, Who \_\_\_\_\_
- Stroke  Yes  No, Who \_\_\_\_\_
- Cancer  Yes  No, Who \_\_\_\_\_
- Other: \_\_\_\_\_, Who \_\_\_\_\_
- Other: \_\_\_\_\_, Who \_\_\_\_\_

**SHOW AREA(S) OF PAIN OR UNUSUAL FEELING**

**Mark** the areas on this body where you feel the described sensations by using the appropriate symbols from the Pain Chart. Mark areas of the body if the pain travels (i.e. Legs or arms).

 <p style="text-align: center; border: 1px solid black; padding: 2px;"><b>Back</b></p>	<div style="border: 1px solid black; padding: 5px;"> <p align="center"><b>PAIN CHART</b></p> <p><i>Numbness</i></p> <p>-----</p> <p>-----</p> <p><i>Aching</i></p> <p>00000</p> <p>00000</p> <p><i>Sharp/ Stabbing</i></p> <p>XXXXX</p> <p>XXXXX</p> <p><i>Dull Pain</i></p> <p>/////</p> <p>/////</p> </div>	 <p style="text-align: center; border: 1px solid black; padding: 2px;"><b>Front</b></p>
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**Mark** on the following pain scale the pain you feel with this condition. (From Zero to 10):

**Neck-Shoulder-Arm Pain**

0 1 2 3 4 5 6 7 8 9 10

no pain                      severe pain

**Mid Back Pain**

0 1 2 3 4 5 6 7 8 9 10

no pain                      severe pain

**Low Back Pain-Leg Pain**

0 1 2 3 4 5 6 7 8 9 10

no pain                      severe pain

**PLEASE READ AND SIGN BELOW**

The information above is true and accurate to the best of my knowledge. I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and me. I authorize the release of any medical or other information necessary to process this claim. I also request payment of government benefits either to myself or to the party who accepts assignment. Furthermore, I understand that Healthy Living Chiropractic will prepare any necessary reports and forms to assist me in making collections from the insurance carrier and that any amount authorized to be paid directly to Healthy Living Chiropractic will be credited to my account upon receipt. I am aware that my exam, x-rays and adjustments may be recorded to enhance record keeping. I clearly understand and agree that I AM PERSONALLY RESPONSIBLE FOR PAYMENT.

\_\_\_\_\_

**Patient/Guardian Signature**

\_\_\_\_\_

**Date**



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## INFORMED CONSENT

Medical doctors, chiropractic doctors, osteopaths, and physical therapists that perform manipulation are required by law to obtain your informed consent before starting treatment.

I \_\_\_\_\_ do hereby give my consent to the examination and diagnosis testing deemed necessary and to the performance of conservative noninvasive treatment to the joints and soft tissues.

I understand that the procedures may consist of manipulations/adjustments involving movement of the joints and soft tissues. Physical therapy and exercises may also be used.

Although spinal manipulation/adjustment is considered to be one of the safest, most effective forms of therapy for musculoskeletal problems, I am aware that there are possible risks and complications associated with these procedures as follows:

Soreness: I am aware that like exercise it is common to experience muscle soreness in the first few treatments.

Dizziness: Temporary symptoms like dizziness and nausea can occur but are relatively rare.

Fractures/Joint Injury: I further understand that in isolated cases underlying physical defects, deformities or pathologies like weak bones from osteoporosis may render the patient susceptible to injury. When osteoporosis, degenerative disk, or other abnormality is detected, this office will proceed with extra caution.

Stroke: Although strokes happen with some frequency in our world, strokes from chiropractic adjustments are rare. I am aware that nerve or brain damage including stroke is reported to occur once in one million to one in ten million treatments. Once in a million is about the same as getting hit by lightning. Once in ten million is about the same chance as a normal does of aspirin or Tylenol causing death.

Tests will be performed on me to minimize risk of any complication from treatment and I freely assume these risks.

## TREATMENT RESULTS

I also understand that there are beneficial effects associated with these treatment procedures including decreased pain, improved mobility and function, and reduced muscle spasm. However, I appreciate there is no certainty that I will achieve these benefits.

I realize that the practice of medicine, including chiropractic, is not an exact science and I acknowledge that no guarantee has been made to me regarding the outcome of these procedures.

I agree to the performance of these procedures by my doctor and such other person of the doctor's choosing.

## ALTERNATIVE TREATMENTS AVAILABLE

I understand that there are other alternatives to chiropractic such as; rest, home applications of therapy, prescription or over-the-counter medications, exercises and possible surgery.

**I have read or have had read to me the above explanation of chiropractic procedures. Any questions I have had regarding these procedures have been answered to my satisfaction PRIOR TO MY SIGNING THIS CONSENT FORM. I have made my decision voluntarily and freely.**

To attest to my consent to these procedures, I hereby affix my signature to this authorization for examination, diagnosis testing and treatment.

\_\_\_\_\_  
Signature of patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Doctor's Signature



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## PROTECTING YOUR HEALTH INFORMATION

### New Regulations Passed

The new regulations are part of the Health Insurance Portability and Accountability Act or HIPAA, for short. HIPAA does three primary things:

1. It helps standardize and simplify the way healthcare organizations exchange electronic health care data.
2. It provides consumers with additional protections for getting and maintaining health insurance coverage; although, it does not guarantee coverage.
3. It creates new security rules to ensure the safety and privacy of individual health information and medical records.

### Our Pledge Regarding Medical Information

The privacy of your medical information is important to us. We understand that your medical information is personal and we are committed to protecting it. We create a record of the care and services you receive at our office. We need this record to provide you with quality care and to comply with certain legal requirements. In addition, we have a policy in effect that makes every attempt to maintain the confidentiality of all patients' information.

### Disclosure of Medical Information

In addition to disclosing your medical information for treatment, payment, and health care operations, we may disclose medical information for the following purposes: for a court order, subpoena, discovery request, or other lawful process. We may disclose medical information to appropriate authorities if we reasonably believe that you are a victim of abuse, neglect, or domestic violence or the possible victim of other crimes. We may disclose health information when authorized and necessary to comply with laws relating to worker's compensation, auto accidents, personal injury or other similar issues.

### Your Rights

You have the right to look at or get copies of your medical records and to receive a list of all the times we have shared your medical information for purposes other than treatment, payment, and health care operations.

### Open Adjusting Concept

Because of the open adjusting concept in this office it is possible for doctor/patient discussions to possibly be overheard by other patients. Most discussions will involve spinal health, but may also include anything concerning the primary health care of that patient.

### Notification by Mail or Phone

Patients may be contacted by mail or phone unless written notification is received requesting that contact be in only in person.

### Complaints

If you feel that your rights have been violated, contact the Office Manager or The U.S. Department of Health and Human Services.

### Acknowledgement

I have received the Notice of Practices and I have been provided an opportunity to discuss my right to privacy.

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PRINTED NAME

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SIGNATURE

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DATE



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**CONSENT TO X-RAY**

**PATIENT CONSENT TO X-RAY**

I authorize the performance of diagnostic x-ray examination of myself which my treating doctors or associates may consider necessary or advisable in the course of my examination and treatment.

Signed \_\_\_\_\_ Date \_\_\_\_\_

**PREGNANCY RELEASE**

This is to certify that to the best of my knowledge I am not pregnant and my treating doctor and associates have my permission to perform diagnostic x-ray examination. I have been advised that x-rays can be hazardous to an unborn child.

Date of last menstrual period: \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

**CONSENT TO X-RAY MINOR CHILD**

I authorize the performance of diagnostic x-rays and diagnostic examination of my child or ward which the doctors or associates may consider necessary or advisable in the course of examination and treatment. The patient \_\_\_\_\_ is a minor of \_\_\_\_\_ years of age.

Signed \_\_\_\_\_ Date \_\_\_\_\_

**MEDICALLY UNNECESSARY RELEASE**

I have been informed by Hobart Family Chiropractic that Medicare Part B will deny as medically unnecessary billing for radiology services rendered to me. I feel that services are necessary; however, in the event that Medicare should deny payment, I agree to be personally and fully responsible for payment.

Signed \_\_\_\_\_ Date \_\_\_\_\_

**RELEASE AND TRANSFER OF RECORDS**

In the event that my treating doctor need specifications about an uncertain reading on your x-rays, an x-ray consultant services may be required. I allow Hobart Family Chiropractic to release my x-rays and diagnostic reports to any professional x-ray reading consultants they might use at this time. I understand that this service would be used for my safety and a consultation fee may be charged to my account.

Signed \_\_\_\_\_ Date \_\_\_\_\_